

## Ethnocultural Parents & Students Educational Resources - English

As the Coronavirus pandemic continues to get more serious across the world and with the changing of education systems. Schools across the country have partially relied on remote and online learning by creating online classrooms, lessons, and activities. But parental guidance and participation will be necessary and essential in children's education. They can help their children by providing them with a structure and routine, and being a positive force in their education.

### Four Different Learning Plans During the Pandemic - Winnipeg School Division (WSD)

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Winnipeg School Division (WSD), on its site, defined the 4 different learning plans and responsibilities of school and teachers for each one.

#### 1. Student Absent Home package

- o Short term (up to 14 days)
- o Supported by classroom teacher

#### 2. Virtual School

- o Long term (full school year)
- o Supported by WSD virtual School teacher

#### 3. Temporary Remote Learning

- o Short term (during restricted level (orange) Only)
- o Supported by classroom teacher with parents/guardian support and supervision

#### 4. Homeschooling

- o Long term (full school year)
- o Not supported by division or school
- o Parent directed

### General Advice For Parents in Navigating Support for Education of Children at Home

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#### 1. A Need for Structure

- With your children together, plan a routine about learning school subjects, play time and reading

#### 2. Make Space For Learning

- Children need to have a specific space for learning
- Children in a quiet, comfortable with proper lighting can study better
- Study space should be a different set-up from playing games or watching television.

#### 3. Take Your Time with Home Learning Process of Your Child

- Start with shorter learning time & progress gradually for longer session
- Find out how much your child already know about the subject
- Follow their lead
- Combine learning online time with offline activities or exercises

- Encourage the child to ask questions and express their feelings
  - Children might have different reaction to stress, be patient and understanding
  - Invite your child to talk about the issue, and have open conversation
4. Let Your Child Know How They Can Protect Themselves and Others.
    - Guides and rules for social distancing
    - Discuss good hygiene practices
    - Washing hands and not touching their face
    - How to wear face masks
  5. Staying Healthy
    - Stay active by taking walk and playing games at home
    - Eat healthy with mix of vegetables and fruits
    - Connecting with friends and family through phone (facetime, skype, whatsapp).
    - Being mindful of other people's needs and situation
  6. Protect Children Online
    - Establish rules together about how, when and where internet could be used
    - Set up parental controls on their devices is necessary, especially for younger children
  7. Stay In Touch With Your Children's School
    - Find out the best way to stay in touch with your child's teacher
    - Stay informed, ask questions and work in partnership
    - Reach out to parents and community groups to support each other

## Children's Online Safety

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With Covid 19 restriction and social distancing, the education relies more than ever on online sources. However it is important to protect children online while trying to minimize the risks and to maximize the Internet's benefits. It is necessary to learn and stay up to date about the privacy setting, and parental controls.

### [ProtectKidsOnline | ProtectKidsOnline.ca](#)

ProtectKidsOnline assists parents/guardians in protecting children on the Internet and reducing their risk of victimization. The site is in English and French. The site offers information on phone apps and information to protect kids online, and how parents can support/monitor their kids online, and how to report cyberbullying in Canada.

## Content Delivered Guideline for Remote Learning

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### [Manitoba Education Standards for Remote Learning](#)

Manitoba Education department developed a standard and expectations for remote learning, to ensure consistent application across Manitoba's schools. This learning approach will require parent involvement and support.

o ECS – Grade 4

- o Kindergarten students will engage in one to two hours per day of play-based learning.
- o Grades 1-4: Two and half hours per day

Learning Focus: English, math and activities include reading, viewing and responding to pre-recorded videos, and engaging in project-based learning that strengthen the development of reading, writing and numeracy.

Incorporating health through physical activities (with a focus on mental health)

o Grades 5-8

Average of three hours per day

Learning Focus: key curricular areas: math, English  
Incorporating science, social studies, music, and art and wellness (with a focus on mental health)

o Grades 9-12

Average of one hour per course per day

Learning Focus: The full curriculum to ensure full credit requirements for high school graduation, including language (English, Français ), social studies, mathematics, and science (biology, chemistry, physics and science)

## After School Programs

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### [Pathways to Education | CEDA | Community Education Development Association](#)

It delivers directly to students in the community using a combination of academic, financial, social, and one-on-one support.

All students currently enrolled in Grades 8-12 in any of the schools listed here, are eligible to enroll in the Pathways program, regardless of their academic performance or economic circumstance. There is no cost to students to join the Pathways to Education Program.

#### Grade 8 partners schools

- o Isaac Newton
- o St. John's
- o Niji Mahkwa
- o David Livingstone
- o William Whyte

#### Grades 9-12 partners schools

- o Children of the Earth High School
- o R.B. Russell High School
- o St. John's High School
- o Tec Voc High School

#### Activites:

Homework problem solving  
Tutoring  
Mentoring

Due to Covid 19 restrictions, the program also offers online services through Facebook messenger chat, and other digital paths

Pathway to Education offers its after school program in 3 different locations. For how to sign up and the program hours and locations check the [website](#)

#### [Elmwood Resource Centre | Reach Out](#)

Reach Out! is a program of Elmwood Community Resource Centre for youth Grades 7-12.

The program runs Tuesday to Friday from 4:00 PM – 7:30 PM. At the end of each day after serving a meal, the students will be dropped off to their homes.

#### Activities

Homework Club - Developing student's literacy, numeracy and study skills in a safe supportive environment.

Life skills tools - Learning to cook, dealing with stress, learning about money and budgeting.

Mentorship skills - Employability training, & complete certificates in babysitting and CPR/First Aid all while earning high school credits

#### [IRCOM | The Immigrant and Refugee Community Organization of Manitoba Inc.](#)

Currently IRCOM does not have any in person program

Dropping off educational packages to family for children age 6 - 12

Online Homework Club for youth under 19, or under 21 if still in school

#### [N.E.E.D.S Inc. Winnipeg](#)

This centre is running a remote One on One homework club for Grade 1-12

The club operates Monday - Thursday from 4-8pm and Friday from 4-6pm

It requires registration. For appointments either phone or email

Kysha ( 204-940--1247) [kysha@needsinc.ca](mailto:kysha@needsinc.ca)

### Resource for Young Children

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#### [YouTube Kids | youtubekids.com](#)

YouTube allows parents to create accounts for each kid and they have control over what and how many videos the kid could watch.

#### [Netflix Jr. | youtube.com/c/NetflixJr/videos](#)

Netflix Junior offers short videos where kids can learn, sing and play with their favorite cartoon's characters.

### All Subjects Lessons and Homework Problem Solving

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#### [Khan Academy | khanacademy.org](#)

It is one source for students (ages 2-18), that aims to provide a personalized learning experience, mainly built on the videos which are hosted on [YouTube](#).

The website includes features such as progress tracking and practice exercises. The material can also be accessed through mobile applications. You can change the language to other than English, at the bottom of the page

### [PBS Learning Media](#)

This source provides interactive games, lessons, and engaging media resources sorted from pre-K to Grade 12.

The site integrates with Google Classroom and an option for assignment to turn in.

### [Art of Problem Solving | artofproblemsolving.com/school/catalog](http://artofproblemsolving.com/school/catalog)

The AoPS is an online math community, helping and inspiring students with challenging, intriguing problems that require creativity and persistence to solve.

## Reading

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Reading is fundamental skills that will help the child to do well at school and later in professional life. Learning to read is difficult and does not happen naturally. Reading involves many different skills that must be taught to the child in different stages. Reading engages children's imaginations, and introducing children to things and places they may not have a chance to learn about otherwise.

### [KidsRead2Kids | kidsread2kids.com](http://kidsread2kids.com)

KidsRead2Kids provide free video-audiobooks read by kids for kids - filmed chapter by chapter for easy listening. It helps kids build self-esteem and reading confidence with every chapter.

### [Project Gutenberg | gutenberg.org](http://gutenberg.org)

It offers over 53,000 free ebooks in different subjects, such as picture books, fiction, history, school stories, etc. The books could be read online or they could be downloaded in different formats.

## Listening to Audiobooks

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Listening to stories read aloud helps build an understanding of narrative structure as it fosters imagination and encourages visualization—skills linked to improved reading comprehension.

- o Audiobooks can help reading comprehension in children with dyslexia. Dyslexia is a learning disorder that affects word-level reading accuracy, reading fluency, and spelling
- o Audiobooks also help those with attention deficiencies, such as ADD or ADHD. While listening to Audiobooks, children are free to do other tasks.
- o Another benefit of audiobooks help relax the eyes. Most kids spend over several hours a day looking at screens, which can lead to blurred vision, eye strain, and long-term vision problems like nearsightedness.

- o On top of that, studies have suggested that there's a link between social media use and feelings of loneliness and depression—another reason to put an audiobook on and the phone down
- o Listening to an audiobook before bed, allows children's eyes and minds to relax, resulting in a good night of sleep.

#### [Learning Ally | learningally.org](https://learningally.org)

Learning Ally offers books and textbooks in audio format. It is not free and it can be accessed for a yearly fee.

#### [Audible Stories](#)

This collection of stories, including titles across six different languages, to help children and youth continue developing their reading skills, dreaming, learning, and just being.

#### [Podcasts for Children](#)

This site provides podcasts and audiobooks for elementary, middle school and highschool students.

### Extra Curricular - Computer Science - Learning to Code

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#### [Learn to code | freeCodeCamp.org](https://freeCodeCamp.org)

This is a free online learning platform dedicated to expanding access to computer science and coding. It is free and it contains hours of practice coding. It offers certification after completing each level.

#### [Hour of Code Activities](#)

This interactive and very accessible site is designed for pre-reader to grade 12 students. It is compatible with different technology devices, and students could choose different lengths of time for lessons on self-learn tutorials or lesson plans type. The topics include science, math, social studies, language arts, art, media, music and computer science only.

You can change the language to other than English.

### Parents Educational Resources for Homes Support

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#### [Common Sense Media](#)

This useful site provides guidance to parents about digital well-being for children. It rates movies, TV shows, books, games, and apps, so parents can feel safe about the entertainment choices they make for their kids.

It also provides tutorials on how to use YouTube, Zoom, TikTok, how to apply parental control on devices.

#### [My learning at Home | edu.gov.mb.ca](https://edu.gov.mb.ca)

The government of Manitoba website supports parents in learning at home with a range of online, everyday learning activities, and how to stay healthy.

### [Winnipeg Public Library Educational Resources | guides.wpl.winnipeg.ca](https://guides.wpl.winnipeg.ca)

The library has excellent resources to support parents with children's education. It has also great resources for students research projects, which can be in the library catalogue or ask library staff.

### [ReadWriteThink | readwritethink.org](https://readwritethink.org)

ReadWriteThink provides teachers and parents with practices in reading and language arts instruction with free materials.

It offers engaging ways to introduce young children to reading or to encourage teenagers to write

### [COVID-19 - 24/7 | Parenting](#)

Parenting for Lifelong Health provides open-access online parenting resources. The website has a mobile app and has different languages.

### [About Kids Health](#)

Besides resources on COVID-19 for parents, this site teaches how to support a child's mental health and general wellbeing through physical activity, sleep, nutrition and learning. Also included are videos and audio meditations to help you cope with stressful thoughts and experiences that occur throughout your day.

### [Wide Open School | A new way to learn from home](#)

This site offers tips and resources for distance learning for parents/caregivers and teachers with trusted resources to enrich and support children's education. Also students can access free learning activities across subjects, all in one place.

### [211 Manitoba](#)

It is free, confidential, 24/7 services in over 150 languages that connect individuals to government, health, and social services across the province.

Parents can call 211 to chat with trained professionals to help find and navigate the services they need.

### [MANSO | The Manitoba Association of Newcomer Serving Organizations](#)

An umbrella organization for settlement service providers in Manitoba.

It provides many services for family, parenting, youth, and care for newcomers children and many more services.

## Successful Initiatives by Other Communities During Pandemic

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### [Iqra Islamic School](#)

In support of parents towards remote learning, the school provided tele-assistance to parents for technical issues faced while their children learned remotely. Translators were on hand to address language barriers.

The school also hosted weekly teleconferences with EAL students and their parents to check their progress and read to them the story of the week.

### [Nelson McIntyre Collegiate | Virtual Shops Class](#)

The industrial arts teachers at Nelson McIntyre Collegiate focused on deep learning opportunities through a blend of interdisciplinary. They developed a variety of projects that students could safely design and make at home with the tools, equipment, and supplies that they have. These projects required students to step away from the computer and turn their house into a lumber store and workshop.

Completing the project involved problem solving, critical thinking, and creativity, and it was accessible to all students.

### [Minegoziibe Anishinabe School | Emphasizing Togetherness](#)

At Minegoziibe Anishinabe School, staff were able to maintain daily contact with parents and students through regular Facebook posts, phone calls, and emails. For some families without Internet service, the school regularly delivered printed learning materials and resources.

The school encouraged family togetherness, connections with nature, and traditional land-based learning through activities like fishing, duck and goose hunting, and gardening.